



WORK OUT WEST
health & recreation campus

Adult Tennis Program

Call 330-6707 ext. 1 • Begins January 2, 2012



SENIOR DRILL & PLAY

MONDAYS & THURSDAYS
12:30-2:00 p.m.

Cost:

Drop In Member: \$12
Drop In Non-Member: \$17
4 Pack Member: \$40
4 Pack Non-Member: \$56
(if only 3 players, class will be 1 hour)

DAYTIME DRILLS

MONDAYS: **Cardio Tennis** 9:00-10:00 a.m.
&
FRIDAYS Member: Drop In: \$12
4 Pack: \$40

Non-Member: Drop In: \$17
4 Pack: \$60

TUESDAYS: **3.5 Drill & Play** 9:00-10:30 a.m.
Member: \$18/class
Non-member: \$25/class

Beginner Drill 10-11:00 a.m.
Cost Depends on Class size

THURSDAYS: **4.0 Drill & Play** 9:00-10:30 a.m.
Member: \$18/class
Non-member: \$23/class

Stroke of the Week, 10:30-11:30 a.m.
Member: \$5
Non-Member: \$10

COURT CUTIES

Wed. 9-10:30 a.m.

SEE FLYER

EVENING DRILLS

MONDAYS: **Stroke of the Week** 6-7 p.m.
Member: \$5
Non-Member: \$10

WEDNESDAYS: **Cardio** 6-7p.m.
Member 4 pack (\$40)
Drop In \$12
Non-Member 4 pack (\$60)
Drop In \$17

THURSDAYS: **3.0/3.5 Drill**, 6-7 p.m.
Member: \$48/4 weeks
Non-Member: \$62.00/4 weeks

SATURDAY DRILLS

3.5 Drill & Play: 7:30-9:00 a.m.
4.0 Drill & Play: 9:00-10:30 a.m.
2.5/3.0 Drill & Play: 10:30-12:00p.m

Cost:

Drop In Member: \$18
Drop In Non-Member: \$23
4 Pack Member: \$60
4 Pack Non-Member: \$80
(if only 3 players, class will be 1 hour)

WORK OUT WEST... encouraging wellness
and inspiring a commitment to your health
and personal goals.