



WORK OUT WEST
health & recreation campus

WINTER Junior Tennis Program

Call 330-6707 ext. 1



Little Aces: Ages 4-6

Mondays 4-4:30 p.m.

4 Week Session:

\$30.00 members \$40.00 nonmembers

Hand-Eye coordination and stroke production with an introduction to tennis etiquette and court anatomy. (36 foot courts and red/yellow low compression tennis balls) Quickstart Tennis

WOW Academy: Ages 10-14

Tuesdays & Thursdays 5-6 p.m.

4 Week Session:

\$80.00 members \$120.00 nonmembers

In depth analysis of the modern game with emphasis on strokes/movement and introduction to match play.

Beginners: Ages 7-9

Tuesdays & Thursdays 4-5 p.m.

4 Week Session:

\$80.00 members \$120.00 nonmembers

Modern stroke production with an introduction to movement and court awareness. (60 foot courts and orange/yellow low compression tennis balls) Quickstart Tennis

Premier Academy: Ages 14-18

M,W,F 4:30-6:00 p.m.

4 Week Session:

\$180.00 members \$240.00 nonmembers

A class designed for tournament level and high school players looking to develop competitive skills and match play strategy.

We will prorate for classes attended individually

SESSIONS:

January 9th – February 3rd (4 Weeks)

February 6th – March 2nd (4 Weeks)

March 5th – March 30th (4 Weeks)

April 2nd – April 27th (4 Weeks)

April 30th – May 18th (3 Weeks)

WORK OUT WEST... encouraging wellness and inspiring a commitment to your health and personal goals.